



## The Forgiveness Prayer

December 8-10, 2017

Siena Retreat Center - Racine, Wisconsin

Forgiveness is central to Jesus's message calling us to forgive "from the heart", yet in today's world how does one forgive? Is forgiving forgetting? Is forgiving condoning? Does forgiveness mean reconciliation? This retreat will explore these questions and share both the Process of Forgiveness as well as specific practices to Forgive (including the Forgiveness Prayer as articulated by Mary Mrozowski). To be a Christian mandates a willingness to Forgive, but as the adage goes, 'to err is human, to forgive is Divine.'

### **Presenter**

Mary Dwyer is a long-time student of Fr. Thomas Keating and has been practicing Centering Prayer for almost thirty years. In the early 1990's, she lived at Chrysalis House, a contemplative live-in community experiment blessed by Fr. Thomas. The community lived according to a rule of life, and became an incubator of practice and programs in the early years of Contemplative Outreach's growth. It was her experience at Chrysalis House – what she refers to as her "inpatient" or "residential treatment time" – that proved to her that a life of prayer, consent and practice is real, stable and deeply rewarding. Mary Mrozowski taught her that a devoted life of prayer was the real work of life; what we did the rest of the time was just how we made a living.

Mary is passionate about nature, animals, children, honesty, recovery, and present-moment awareness, She is devoted to her beloved husband, family & friends, Contemplative Outreach and sharing the good news and incredible teachings she has been given.

**Location:** [Siena Retreat Center](#), located on the beautiful shores of Lake Michigan. The smoke-free facility includes private bedrooms with bath, an elevator to all floors and is accessible to persons with disabilities. (5637 Erie St., Racine, WI 53402, (262) 898-2590)

**Schedule:** Retreat begins at 7:00pm on Friday and ends after 12 noon lunch on Sunday. Registration opens at 3:00pm on Friday December 8 in the lobby of the retreat center. Optional centering prayer session on Friday at 4:45pm and optional evening meal at 5:30pm.

### **Registration Information** *(you are encouraged to register early because space is limited)*

The fee is \$250, includes room, all meals, snacks, and handout materials. Deadline is December 1, 2017.

Please enclose a \$75 deposit of which \$25 is nonrefundable.

The balance of the retreat fee (\$175) is due by December 1, 2017.

Based on need, a limited amount of scholarship money is available. Please submit the reason for the requesting a scholarship at time of registration.

For anyone who is able, donations to the COSEW Scholarship Fund are welcome.

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City/St/Zip: \_\_\_\_\_ Phone: \_\_\_\_\_

E-mail: \_\_\_\_\_

Please indicate special dietary or physical needs \_\_\_\_\_

Make checks payable to: **COSEW**

Send to: Sr Kathryn Ann Kobelinski, [kkobelinski@ssndcp.org](mailto:kkobelinski@ssndcp.org); 1910 Bolivar Ave. Milwaukee WI 53221 414-282-7310